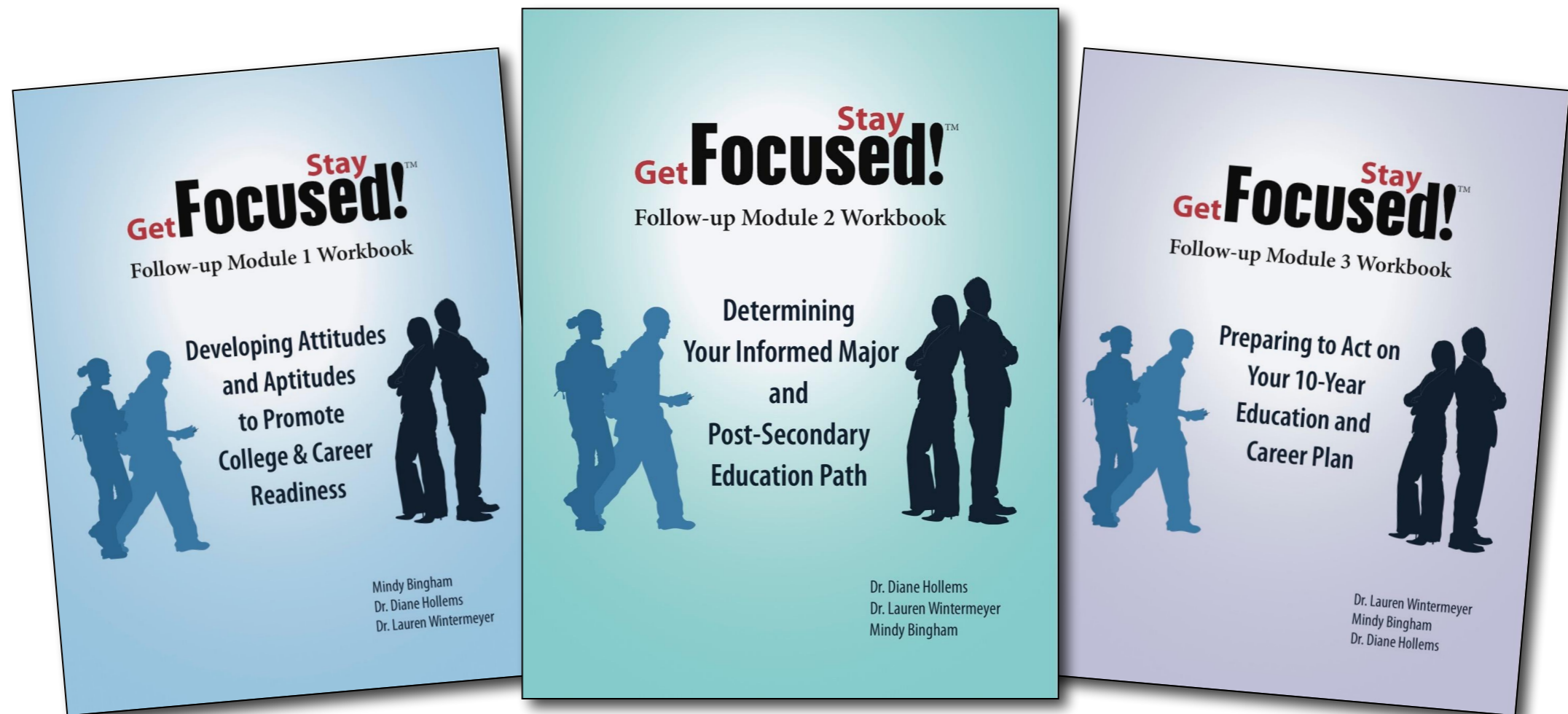


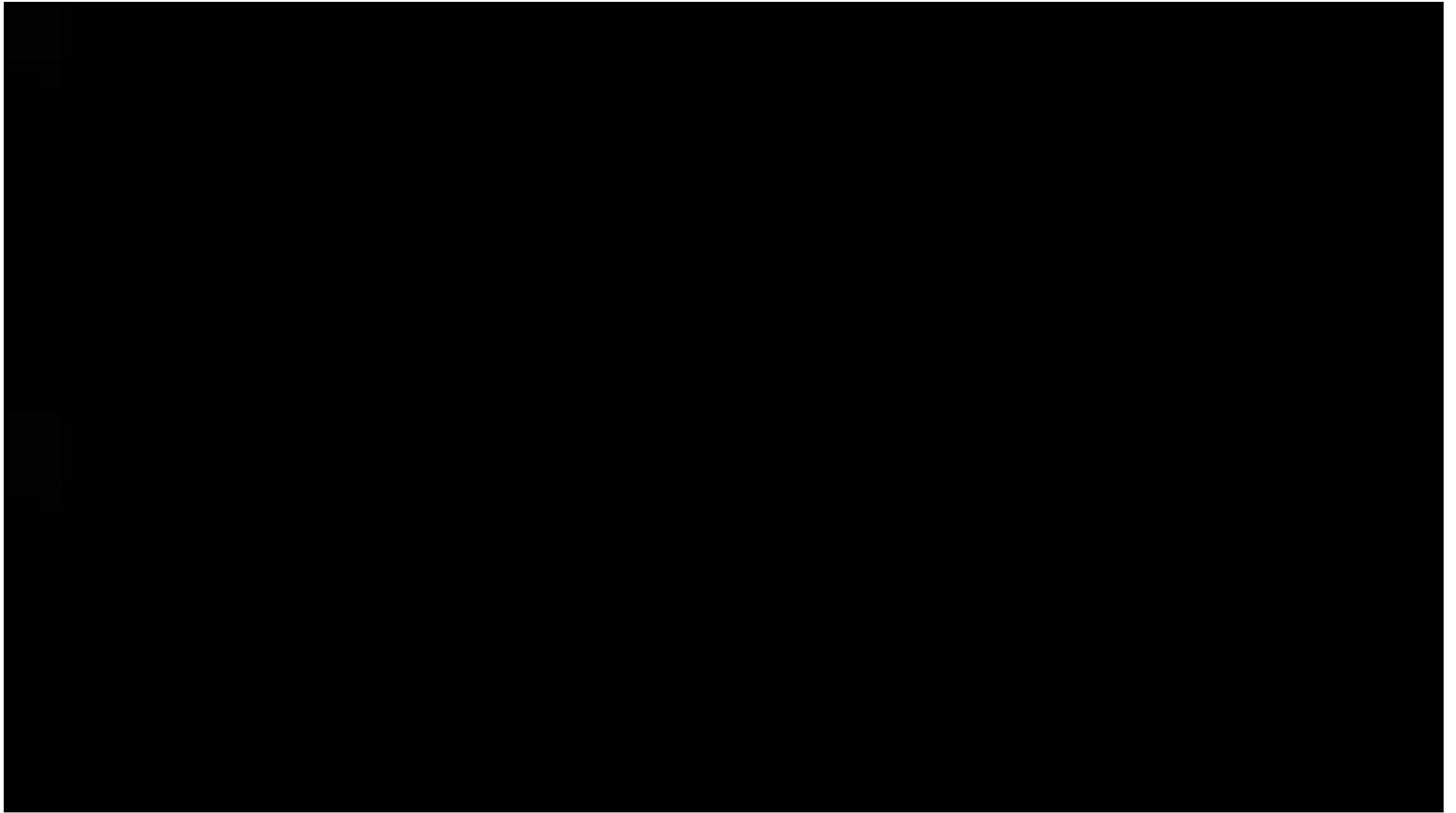
Implementing the *Stay Focused!* Follow-up Modules



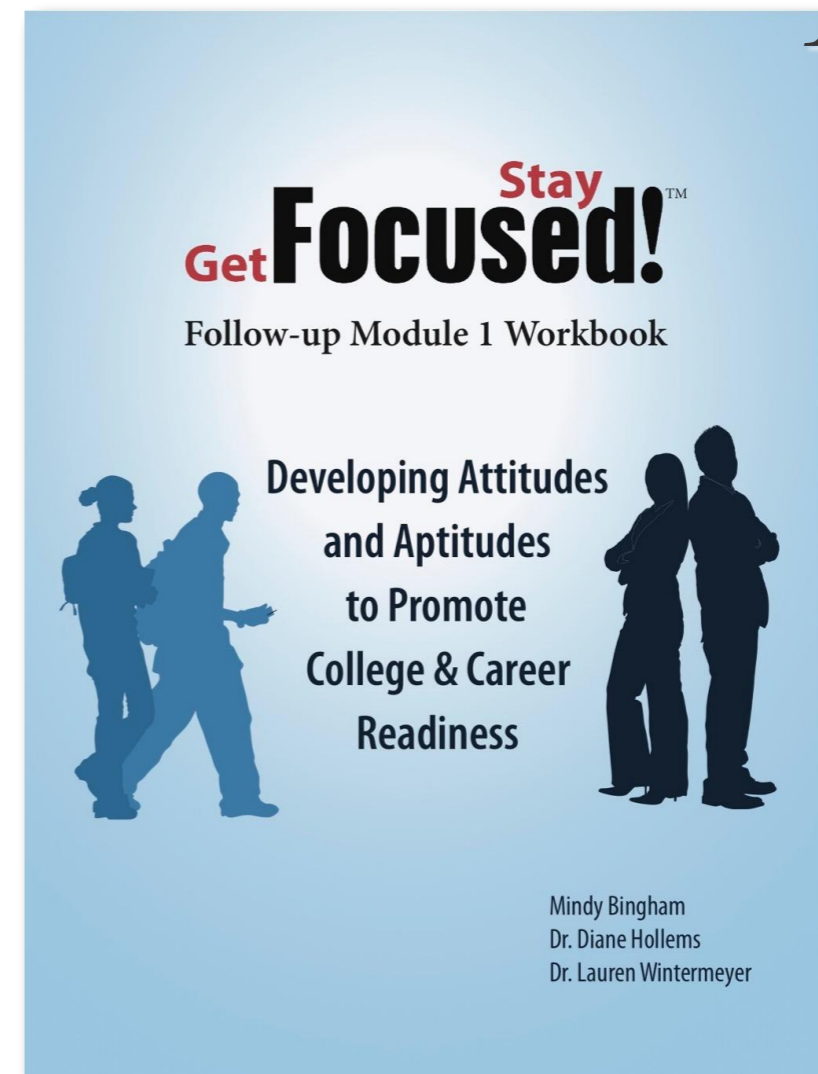
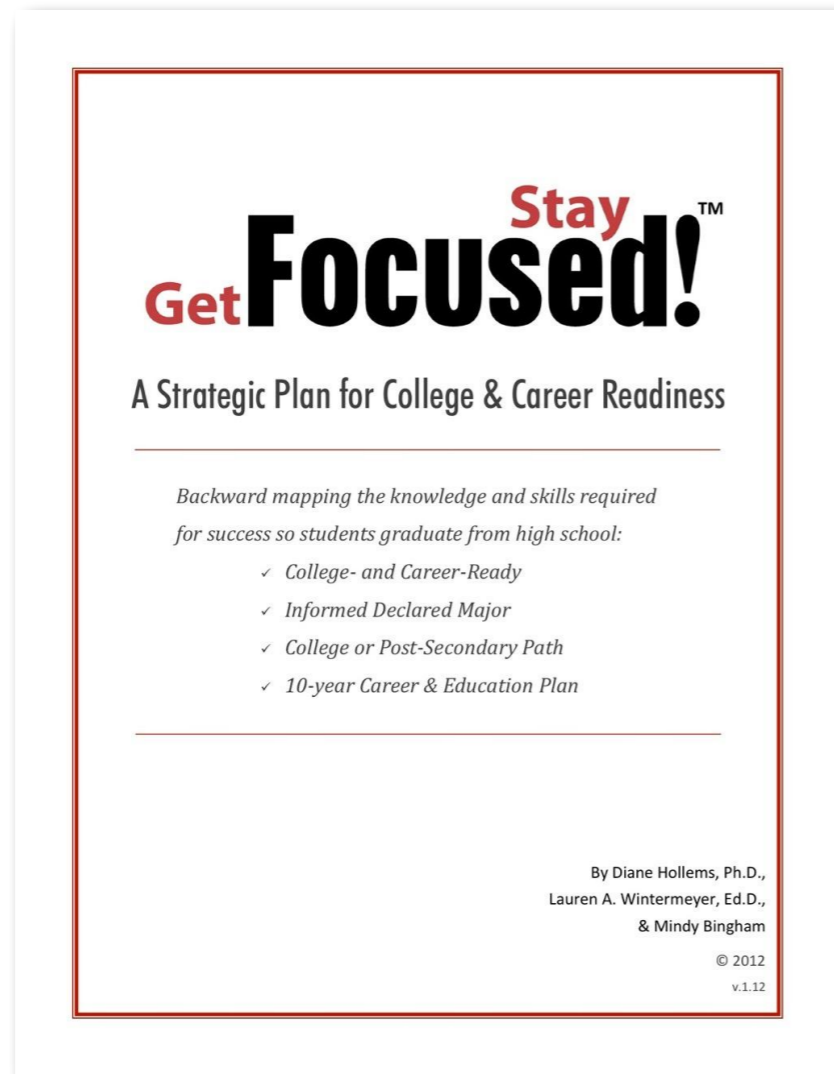
Success in the New Economy

- I'd like to talk about...
- What puzzles me is...
- Do you agree with...
- Another perspective is...

Carpinteria High School Pilot Video



The “Stay Focused!” Part

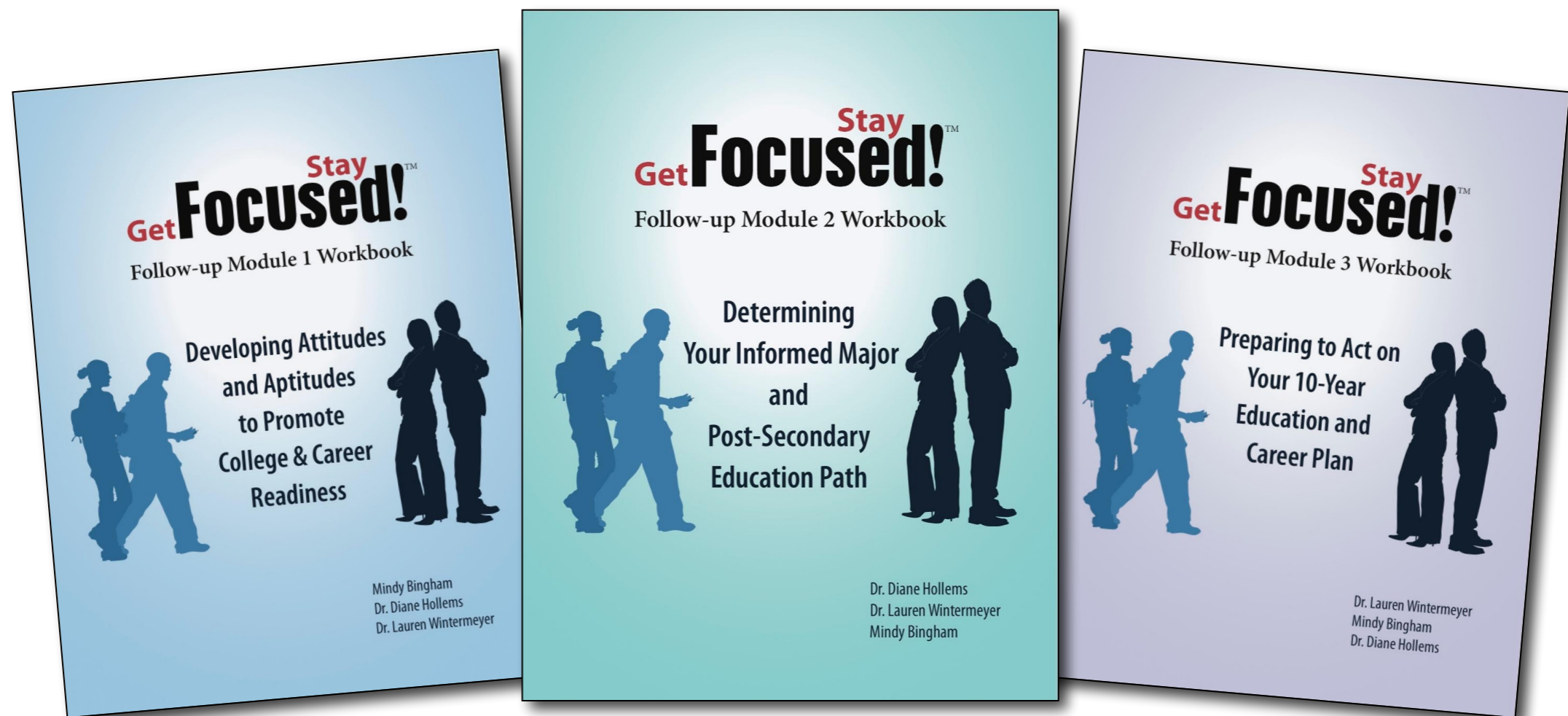


Get Stay Focused!TM

Get Focused...Stay Focused!

TM

Follow-up Modules



Learning the process for selecting and applying to post secondary options

For Instance:

Module 1:

How to conduct online research for post secondary options

How to afford college regardless of individual circumstances

Module 2:

Completing the College Comparison Spreadsheet

30 ways to Reduce College Costs

Module 3:

Developing Your College Planning Timeline and Action Checklist

Applying Online

10th Grade Curriculum: Developing Attitudes and Aptitudes that Promote College & Career Readiness

- Research high-demand careers
- Determine appropriate post-secondary option/pathway
- Learn about college access and affordability
- Update 10-year Plan

11th Grade Curriculum: Determining Your Informed Major & Post-Secondary Education Path

- Research STEM-related careers
- Reaffirm or change chosen career path
- Choose a major to match chosen career
- Find colleges that offer your major
- Prepare for college applications
- Update 10-year Plan

12th Grade Curriculum: Preparing to Act on Your 10-Year Education & Career Plan

- Apply to college/post-secondary planning
- Apply for scholarships & financial aid
- Update resume, cover letter, and portfolio
- Mock interview & job applications
- Write a Student Education Plan
- Update 10-year Plan

Each time students
review, revisit, and update,
the **10-year Plan** becomes
more **meaningful** and,
therefore, more **motivational**.

Having the plans **online** makes
quantitative data readily available
to appropriate faculty members for
academic coaching and counseling
sessions.

Module Design Overview

Each module has
16 lessons

This equals 1 unit
optional
dual credit.
Turn to 6/20.

The *Get Focused...Stay Focused!*™ Initiative begins with the development of a 10-year Plan in a *Career Choices* course that addresses the Standards for a Freshman Transition Course. That initial experience is followed by the systematic updating and expanding of the 10-year Plan in an academic setting to support mastery of the Common Core State Standards for English Language Arts and promote college and career readiness.

Lessons	Module 1 <i>Developing Attitudes & Aptitudes that Promote College & Career Readiness</i>	Module 2 <i>Determining Your Informed Major & Post-Secondary Education Path</i>	Module 3 <i>Preparing to Act on Your 10-Year Education & Career Plan</i>
1	Reviewing Your 10-Year Plan & Analyzing How You've Changed	Reviewing Your 10-Year Plan & Analyzing How You've Changed	Updating Your 10-Year Plan & Your Education Plan
2	Updating the 10-Year Plan to Bring into Perspective Who You are Today	Revisiting Keystone Topics: My Skills Inventory & Counseling with Your 10-year Plan	Building a Skills-based Education Plan: A Road Map for Self-directed Learners
3	Which Careers Will Have the Highest Demand in the Next Decade?	Learn about STEM-related Careers on the Department of Labor Web Sites	Back-up Plans: Critical to Navigating Your Education & Career
4	Creating a Career Interest Survey for a High-Demand Career of Interest	Create a Career Interest Survey for a STEM Career & Reaffirm or Change Your Chosen Career Path	Time to Take Action: Developing Your Action Plan Checklists
5	Write an Education Plan for a High-Demand Career	Your Education Plan & Transferable Skills	Developing Your College Planning Timeline & Action Plan
6	Developing a Course Schedule for a High-Demand Career	Choosing a Major to Match Your Chosen Career	Seeking Letters of Recommendation
7	Write the Autobiographical Statement for Your 25 th High School Reunion	Choosing a College to Match Your Chosen Career	Finalizing Your Application Essay
8	<i>Lesson 7 continued</i> Presentation of autobiographical statements in class	Examining Colleges that Offer Your Chosen Major & are Close to Home	Research Scholarships Online
9	<i>Lesson 8 continued</i> Presentation of autobiographical statements in class	Examining Colleges that Offer Your Chosen Major & are Within Your Budget	Apply for Financial Aid & Scholarships
10	Which Post-Secondary Option is Right for You? Starting Your Education Plan	Comparing Colleges to Find the Right Match	Complete College Applications
11	How to Conduct Online Research for Post-Secondary Options	Getting Ready for the Application Process & the College Acceptance Probability Worksheet	Writing Your Résumé, Cover Letters, & Thank-You Letters
12	<i>Lesson 11 continued</i>	Writing the College or Scholarship Essay: Your Outline	College or Career? It's Not an Either/Or Choice
13	How to Afford College Regardless of Individual Circumstance	Writing the College or Scholarship Essay: Your First Draft	Write a Student Education Plan (SEP)
14	Do You Have the Preparation to Get into the College or Job of Your Choice?	Creating a Timeline for Applying to College, Financial Aid, and Scholarships	Apply for Jobs and Prepare for Interviews
15	Online Research of Post-Secondary Schools' Admission Requirements	Updating Your Resume for Applying to College, Scholarships, & Summer Jobs	Build a College Schedule
16	Update Your Online 10-year Plan to Guide You in Making the Best Life Choices	Updating My 10-year Plan and Portfolio	Your Portfolio for Success: Updating Your 10-year Plan, Now and in the Future

Learn more about the *Get Focused...Stay Focused!*™ Initiative and follow-up modules at www.getfocusedstayfocused.org

Implementation of Modules

- Advisory/Extended Learning (all teachers)
- Advisory/Extended Learning (master teachers)
- Core Subjects (English and History)
- Junior Seminar
- Focused Friday
- Other options

Implementation: Advisory

- Advisory/Extended Learning (all teachers)
 - “Homeroom” class
 - Grade specific
 - Every teacher has their “advisory” cohort that they follow for all four years of high school
- Advantages
 - All teachers participate in the GFSF Implementation
- Challenges
 - Training all teachers
 - Fidelity to the program

Implementation: Advisory (Master Teachers)

- **Advisory/Extended Learning (master teachers)**
 - “Homeroom” class
 - Grade Specific
 - Students leave “homeroom” and go to GFSF teacher for instruction on modules
- **Advantages**
 - Master teacher who knows curriculum
 - Greater fidelity
 - Quality of instruction
- **Challenges**
 - Scheduling
 - Maintaining the school-wide initiative if not all teachers are participating in program implementation

Implementation: Core Subjects

- Core Subjects (eg. English and History)
 - Modules are embedded across academic disciplines which all students are required to take
- Advantages
 - When Modules are embedded across the core curriculum, students seem to take it more seriously (grade attached)
 - Fits into master schedule
 - Provides curriculum to address College and Career Readiness Standards (Common Core)
 - Enhances school-wide initiative
- Challenges
 - Fidelity to the program
 - Pacing with existing curriculum

Implementation: Junior Seminar

- Junior Seminar
 - Stand alone course (eg. Success 102)
 - All Modules are taught in sequence
- Advantages
 - Could be offered as an additional course for credit (and/or dual enrollment credit)
 - Streamlines implementation
- Challenges
 - “Spiraling” curriculum requires more time to foster student growth
 - Finding space in master schedule

Implementation: Focused Friday

- Focused Friday
 - Across curriculum, the 16 lessons are divided and taught by different faculty every Friday
- Advantages
 - Enhances school-wide initiative
 - Shared responsibility makes implementation easier to manage
- Challenges
 - Fidelity to the program
 - Scheduling/Pacing
 - Training of multiple teachers

Implementation: Other Options

- Distance education/online option
- Counselor as instructor
- Team teaching
- Workshop format - multiple classes

Implementation Timeline Options for Delivering the Content in Each 16-Lesson Module




When using the 1-semester or full academic year models, instructors should make note of which lessons in each module work together. Refer to page 9/11 of your *Get Focused...Stay Focused!™ Program and Instructional Manual* for additional information.

Keystone Lessons

Get **Stay Focused!** Overview of the Modules

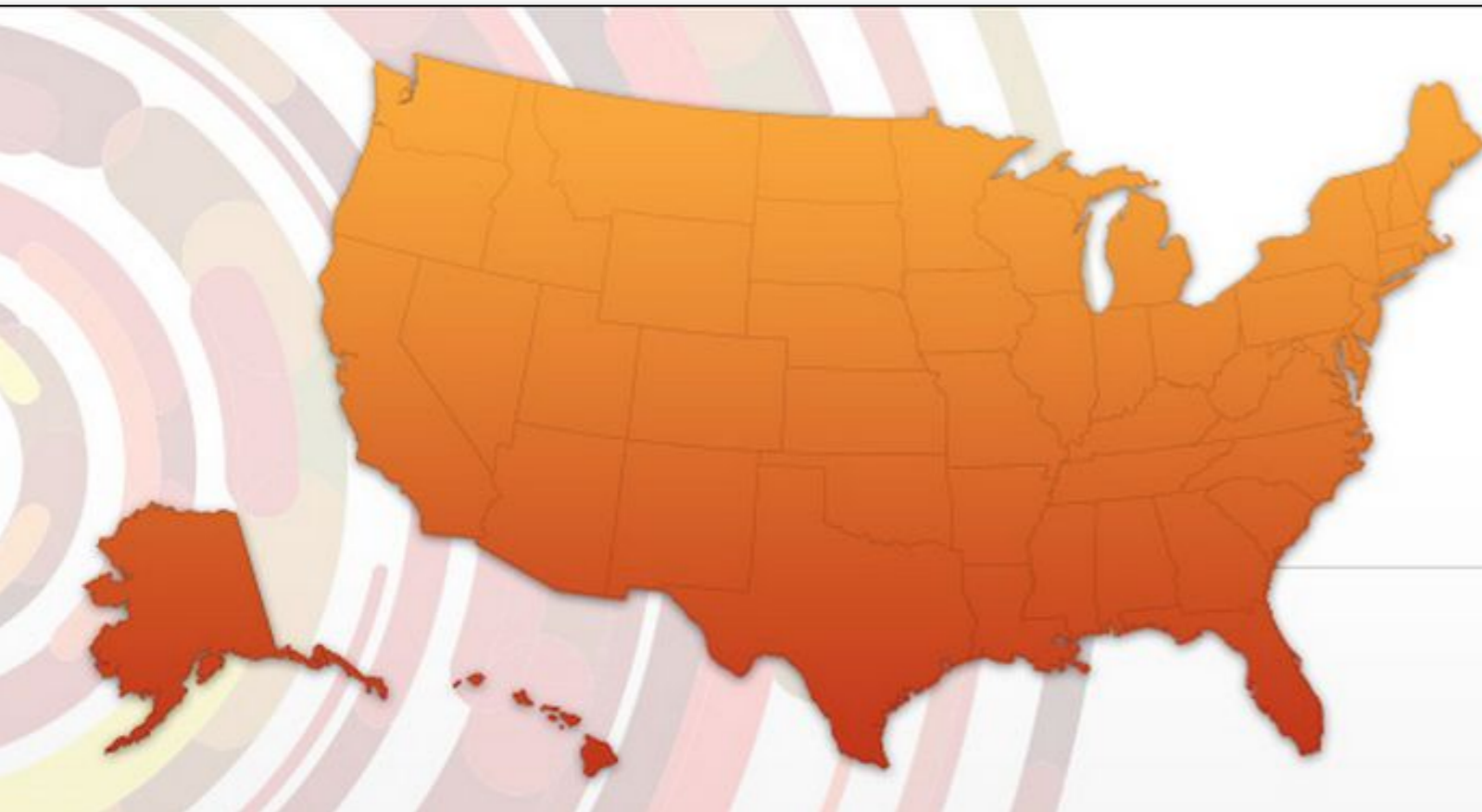
Lesson #	Follow-up Module 1: Developing Attitudes & Aptitudes that Promote College & Career Readiness	Follow-up Module 2: Determining Your Informed Major & Post-Secondary Education Path	Follow-up Module 3: Preparing to Act on Your 10-Year Education & Career Plan
1	Reviewing Your 10-year Plan & Analyzing How You've Changed	Reviewing Your 10-year Plan & Analyzing How You've Changed	Updating Your 10-year Plan & Your Education Plan
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5	Writing an Education Plan for a High-Demand Career 	Your Education Plan & Transferable Skills 	Developing Your College Planning Timeline & Action Plan 
6	Developing an Education Plan & Course Schedule for a High-Demand Career 	Choosing a Major to Match Your Chosen Career 	Seeking Letters of Recommendation 
7	Writing the Autobiographical Statement for Your 25 th High School Reunion	Choosing a College to Match Your Chosen Career	Finalizing Your Application Essay
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16	Update Your Online 10-year Plan to Guide You in Making the Best Life Choices 	Updating My 10-year Plan and Portfolio 	Your Portfolio for Success: Updating Your 10-year Plan, Now and in the Future 

The  denotes keystone lessons. In the event that it is not possible to cover all 16 lessons in the time available, the keystone activities should be given priority as you are planning.

Get Focused... Stay Focused!™ Initiative
www.getfocusedstayfocused.org

Module Design Overview

- Designed to be integrated into an academic course
- Lessons meet the Common Core State Standards for English Language Arts



**Implementing the
Common Core
State Standards**

Module Design Overview

- Each of the three modules **starts** and **finishes** with **structured** activities for updating students' 10-year Plans

STA
RT

My10yearPLAN.com[®]

Online *10-year Plan*
& *Portfolio*

STO
P



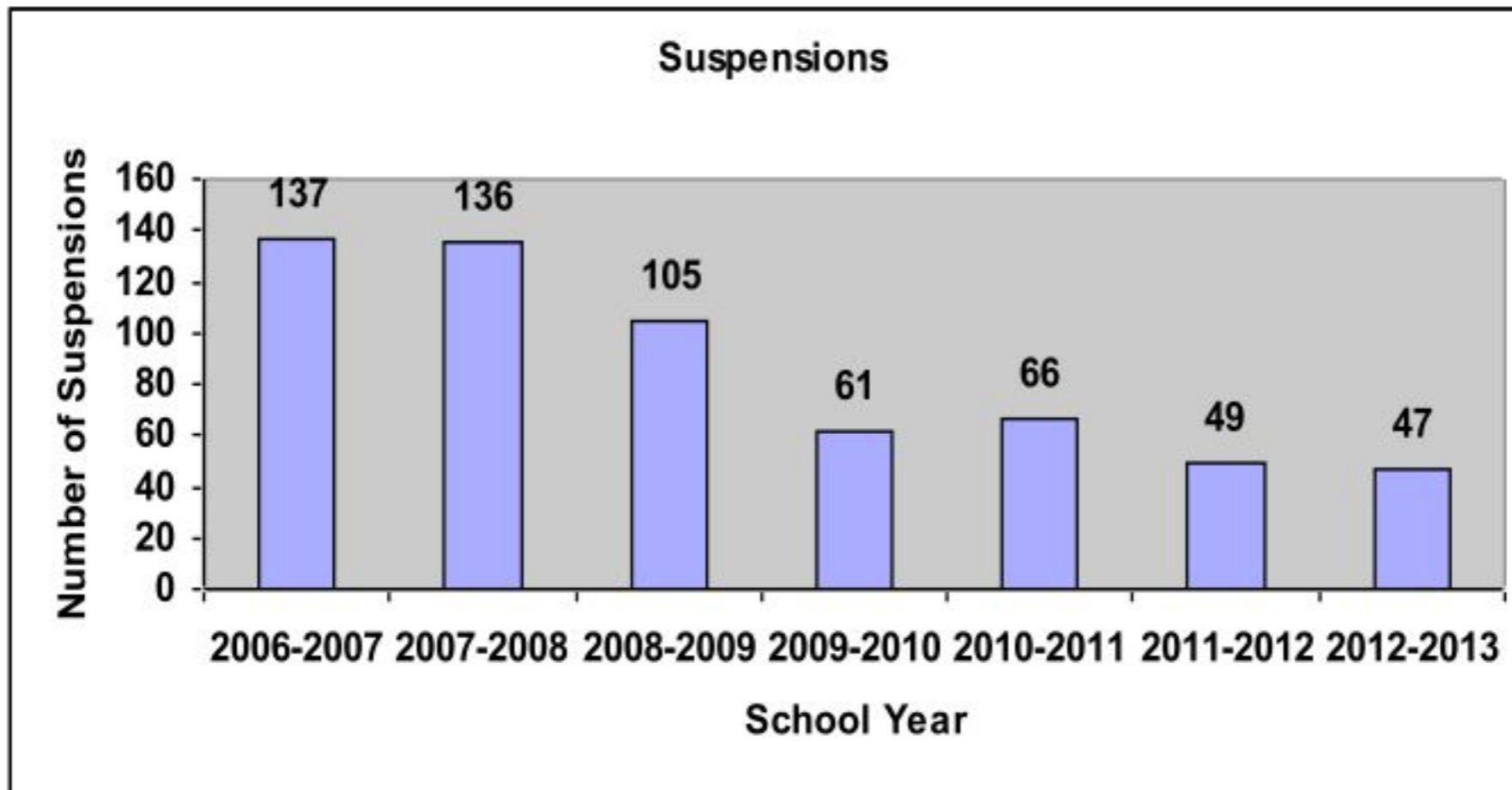
Data from Carpinteria High School

05-06	06-07	07-08	08-09	09-10	10-11	11-12	12-13 *	13-14	14-15	15-16
0.28	0.23	0.23	0.35	0.24	0.33	0.37	0.47	0.5	0.49	0.45

Get **Stay Focused!**TM

Data from Carpinteria High School

Suspensions



TIER 3 • INTENSIVE:

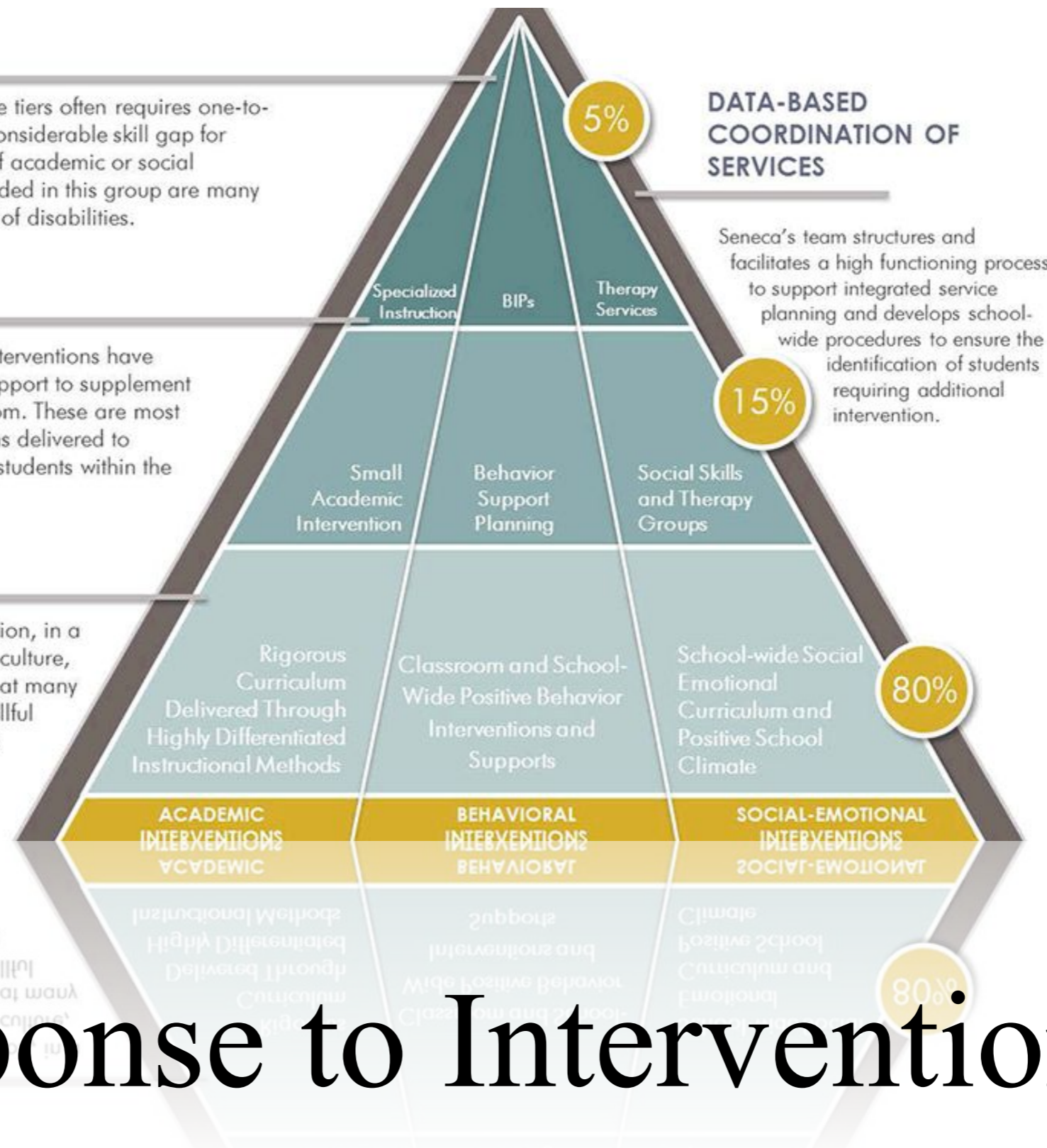
The most intensive of the three tiers often requires one-to-one support or addresses a considerable skill gap for students at the lowest levels of academic or social emotional achievement. Included in this group are many students with IEPs for a range of disabilities.

TIER 2 • TARGETED:

Students receiving targeted interventions have demonstrated the need for support to supplement what is offered in the classroom. These are most often small group interventions delivered to special or general education students within the classroom or as a pull-out.

TIER 1 • UNIVERSAL:

As part of high quality instruction, in a climate of positive classroom culture, students receive interventions at many points throughout the day. Skillful teachers plan for and execute interventions that adjust and accommodate to the unique behavioral and academic needs of each student. As part of high quality instruction, in a climate of positive classroom culture, students receive interventions at many points throughout the day. Skillful teachers plan for and execute interventions that adjust and accommodate to the unique behavioral and academic needs of each student.



Response to Intervention

Questions/Comments?

Thank you!

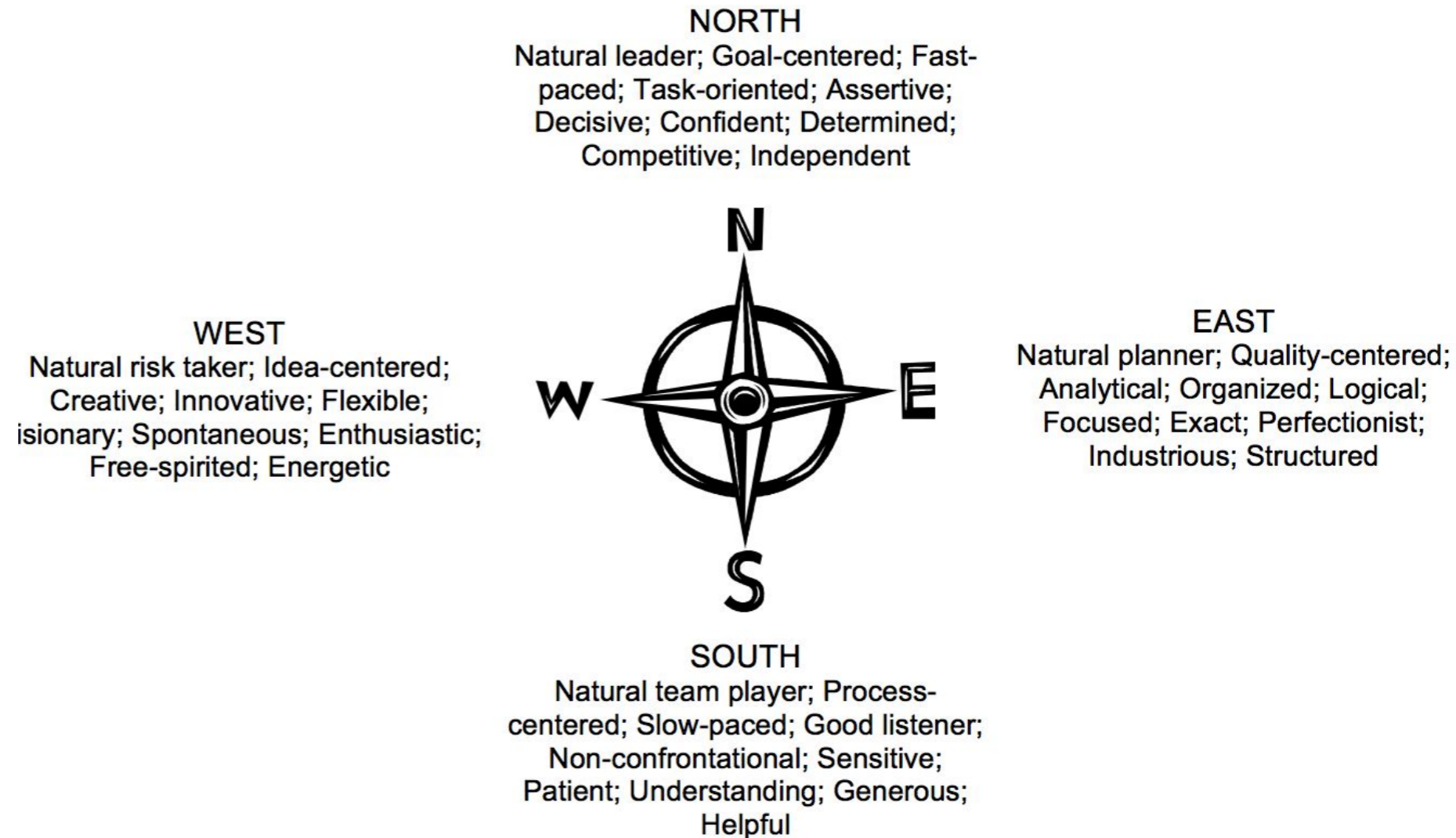
www.getfocusedstayfocused.org

The Personality Compass – at a glance

Everyone has some characteristics from each of the four types, but one will capture the essence of your personality more accurately than the others. That is your dominant type.

No one type is better than another, they're all just different.

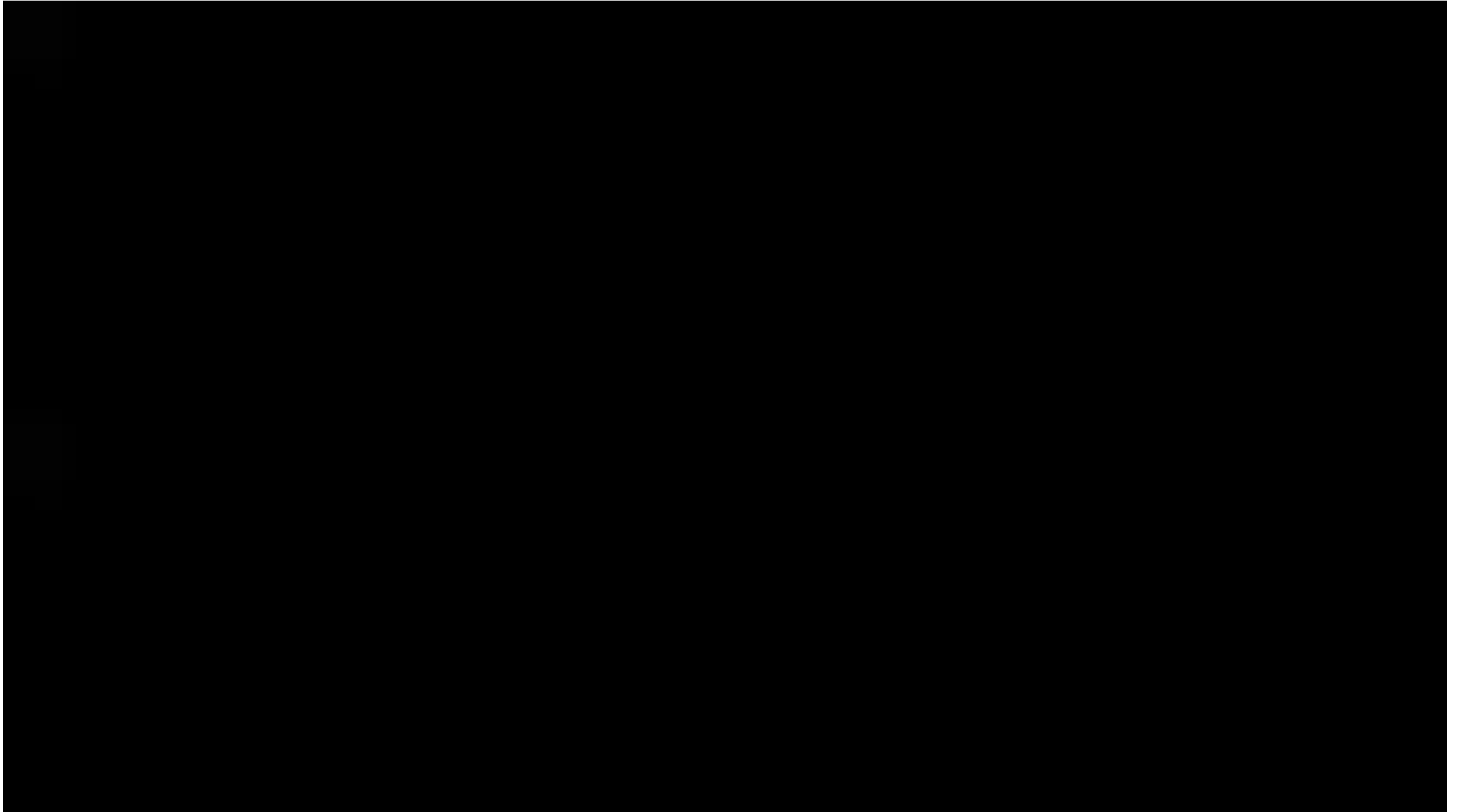
Identify
your
“direction”
on the
personality
compass



9th Grade Curriculum: *Career Choices*

Who am I? What do I want? How do I get it?

- Personal development, exploration of strengths and interests
- Research three career pathways of interest
- Budget building/financial literacy development
- Career Technical Education information
- College planning information
- Creation of online 10-year Career & Education Plan



Utilizing the 10-year Plan

- **How Student can use 10-year Plan**

- Self-articulate Career & Educational Goals
- Check on progression toward goals
- Provide as a framework when meeting with counselors

- **How Teachers/Counselors can use 10-year Plan**

- Identify students' goals and monitor student progress
- Engage learners and front-load important concepts for career and education planning/development
- Guide students toward appropriate resources

- **How College can use 10-year Plan**

- Guide to advising for new students
- Support students on self-identified path

Reducing the Need for Remediation

Do you *really* want to pay for
**HIGH SCHOOL-LEVEL
 CLASSES** *when you get to*
COLLEGE?

*Your effort and
 achievement NOW
 will save you*

TIME and MONEY

Class	High School	College
English	\$0	\$705
Math	\$0	\$1,270
Total Cost	\$0	\$1,975

(Costs are approximate)

in the future...



SBCC Dual Enrollment
www.sbcc.edu/dualenrollment
 (805) 730-3020



Let's Break it Down...

Study NOW! In order to enroll in SBCC English or Math courses, you must take the required English or Math assessment test. Visit the Assessment Center website to plan for your assessment:

www.sbcc.edu/assessmentcenter

Below is the schedule of classes you would have to take if you are not academically prepared for college-level coursework.

Ways to prepare for SBCC in order to save money and time:

- Take the Early Assessment Program in English and math during your junior year—it's on the California Standards Tests (CST)—to see if you are academically prepared for college-level courses
- Take advantage of Advanced Placement (AP), International Baccalaureate (IB), A-G (College Preparatory), and/or Dual Enrollment classes offered on your high school campus, SBCC, and/or online
- Revisit and update your online 10-year Career & Education Plan

English in High School:

- Develop your reading, writing and research skills throughout high school

- Read & write recreationally

Math in High School:

- Take four years of math in high school
- Take and pass Algebra I and/or Algebra II with a grade of "B" or better
- Seek out help when needed from teachers, tutors and/or peers

English at SBCC

Course Title	Time Required per Semester	\$ for Class (subject to change)	\$ for Books (approximate)
English 65 (4.5 units) Basic Skills: Writing	72 hours lecture 144 hours homework	\$207	\$6
English 80 (4.5 units) Effective Writing Techniques	72 hours lecture 144 hours homework	\$207	\$67
English 100 (3 units) Fundamentals of Composition	48 hours lecture 96 hours homework	\$138	\$80

Total after three non college-level courses:

192 hours of lecture, **384 hours** of homework, **\$705** for classes and books

Now you can take college transfer-level English

Math at SBCC

Course Title	Time Required per Semester	\$ for Class (subject to change)	\$ for Books (approximate)
Math 1 (3 units) Basic Mathematics	48 hours lecture 96 hours homework	\$138	\$95
Math 4 (3 units) Pre-Algebra	48 hours lecture 96 hours homework	\$138	\$160
Math 100 (5 units) Elementary Algebra	80 hours lecture 160 hours homework	\$230	\$180
Math 107 (4 units) Intermediate Algebra	64 hours lecture 128 hours homework	\$184	\$145

Total after three non college-level courses:

240 hours of lecture, **480 hours** of homework, **\$1,270** for classes and books

Now you can take college transfer-level Math



Get **Stay Focused!**™

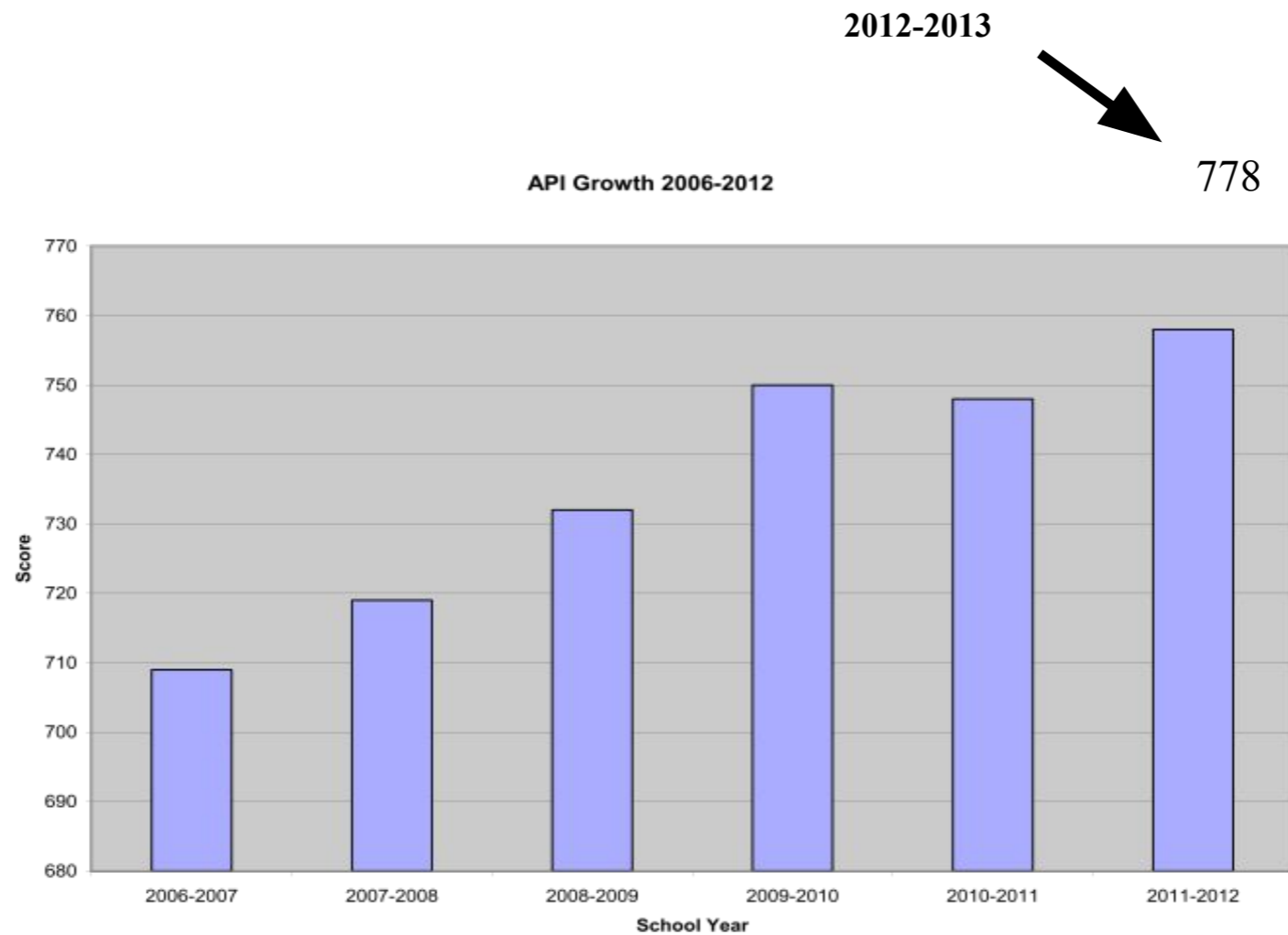
Point to Ponder

What percentage of students are leaving your school in need of remediation?

How is your school currently addressing this issue?

Data from Carpinteria High School

Academic Performance Index



Stay
Get Focused!TM